

Dress Code for Christendom's Summer Programs

As Christian men and women, we must strive to treat our bodies as gifts from God, which must be taken care of and clothed with dignity. Although the virtue of modesty is often viewed as “puritanical” or “prudish,” it is one of the most important ways in which we restore all things in Christ, which is the motto of Christendom College. Since what we wear is a true indication of who we are, our external modesty will reflect the interior virtue that we are striving to attain.

Since modesty is one area that can be challenging for young people, Christendom College endeavors to help its students or Program participants by providing the following dress codes. The Modesty Code is always in effect while the Professional Dress Code is in effect during classes, Mass, and Lunch.

Modesty Code for Men:

No tight shirts or muscle tees

No “wifebeater” t-shirts

Belts must be worn if pants tend to ride too low

Shirts must be worn at all times except when swimming or engaging in water activities

No ripped or holey clothing

No inappropriate logos or slogans or band names on clothing

Modesty Code for Women:

No tight-fitting or form-fitting shirts or pants

No spaghetti straps

Nothing should be low cut – whether in the front or the back (nothing lower than 1.5 inches below the collar bone)

Shorts must be long enough so that the wearer’s fingertips do not go past the hem of the shorts

Women’s swimwear must be a modest one-piece and clothing must be worn over the swimsuit when not in the water

No tank tops at any time

Professional Dress Code for Men:

Dress pants must be worn with a belt – no cargo pants, jeans, shorts, cut-offs, etc.

Dress shoes must be worn – no sneakers, flip flops, sandals, etc.

Dress shirts (button down with collar) must be tucked in

Dress socks must be worn with shoes – no athletic socks

Clothing must be reasonably wrinkle-free and clean

Undershirt must be worn underneath a white dress shirt

Tie

Professional Dress Code for Women:

A dress, or a dress skirt/dress pants and button-down collared dress blouse (by this we do not mean “polo-type” shirts or any shirts **without** buttons going down the entire front of the shirt – and it needs to be worn buttoned up, not open with a t-shirt underneath), and dress shoes (no flip-flop/sandal type shoes).

Dress sandals may be worn but flip flops are not allowed

All skirts or dresses must come to the crease at the back of the knee